

### SENIOR CENTER AND NUTRITION SITES

Asbury Park Senior Center\*  
1201 Springwood Avenue  
Asbury Park, NJ 07712  
732-775-2089

Bayshore Senior Day Center  
100 Main Street  
Keansburg, NJ 07734-1799  
732-495-2454

Freehold Twp Senior Center  
116 Jackson Mills Road  
Freehold, NJ 07728  
732-294-2029

Howell Senior Center\*  
PO Box 580  
Preventorium Road  
Howell, NJ 07731-0580  
732-938-4500

Keyport Senior Center\*  
110 Second Street  
Keyport, NJ 07735-1848  
732-264-4916

Long Branch Senior Center\*  
85 Second Avenue  
Long Branch, NJ 07740-6725  
732-571-6542

Manalapan Senior Center  
211 Freehold Road  
Manalapan, NJ 07726  
732-446-8401

\*DENOTES NUTRITION CENTER

Middletown Senior Center\*  
Croydon Hall  
900 Leonardville Road  
Leonardo, NJ 07737-1339  
732-615-2265

Neptune Senior Center\*  
1825 Corlies Avenue  
Neptune, NJ 07753  
732-988-8855

Red Bank Senior Center\*  
80 Shrewsbury Avenue  
Red Bank, NJ 07701-1131  
732-747-5204

Marlboro Kosher Site-Monthly\*  
Holocaust Survivor Meal  
103 School Road West  
Marlboro, NJ 07746-0098  
732-536-2307

Shore Kosher Site (Kosher Meals Only)\*  
Jewish Family & Children's Service  
Congregation Torat El (Tues & Thurs)  
301 Monmouth Road  
Ocean, NJ 07712  
732-531-4410

Freehold Jewish Center (Friday only)\*  
59 Broad Street  
Freehold, NJ 07728  
732-462-0254

### **OTHER SERVICE CENTERS**

Eatontown Community Center  
68 Broad Street  
Eatontown, NJ 07724-1518  
732-389-7647

\*DENOTES NUTRITION CENTER

# Monmouth County Office on Aging

3000 Kozloski Road,

Freehold NJ 07728

732- 431-7450

1-877-222-3737



Ensuring Monmouth  
County citizens age 60  
and older, and their  
caregivers, receive the  
services necessary for  
them to enjoy their  
best quality of life

Partially funded under Title III, Older Americans Act  
of 1965, as amended through a grant by the State of  
NJ Dept of Health & Senior Services Division of  
Senior Affairs

## SERVICES AVAILABLE

### INFORMATION & ASSISTANCE

The Monmouth County Office on Aging is part of the Aging and Disabilities Resource Connection ADRC that offers one stop access to information and referral services. The I&A specialists assist senior citizens by providing information, resources and referral to services needed by them to improve their quality of life and age in place. The toll free number is 1-877-222-3737

### CAREGIVER SPECIALIST

- The Office has a full time geriatric social worker who works with family caregivers
- They help them to obtain the services and information they need to safely care for their loved one
- Counseling, support groups and respite services are just some of the services available throughout the county.

### PROJECT LIFESAVER

- In partnership with the Monmouth County Sheriff's Department, the Office on Aging has established a safety program for people with dementia.
- Project Lifesaver is a program which uses a tracking device to find a person who is lost, through the use of a bracelet worn by the client.
- Please call our office for enrollment information.



## MEDICARE COUNSELING

- The Monmouth County Office on Aging is pleased to offer Medicare counseling services twice weekly by appointment for in office visits or telephone consultation.
- A highly trained volunteer called a SHIP (State Health Insurance Program) counselor is ready to assist you with questions about your Medicare benefits.

### SENIOR CENTERS

Nine senior centers, partially funded by the Monmouth County Office on Aging, are located throughout the County. They are situated in community centers and provide activities for seniors, such as recreation, health screening, education and counseling. Many of the senior centers are also nutrition sites and serve congregate meals to their center participants. They are open Monday through Friday, and often transportation can be arranged for those who are unable to drive or take public transportation.

### LEGAL SERVICES

South Jersey Legal Services provides legal services to seniors, including advice on Advanced Directives, Wills and Guardianships. Fees are based on a sliding scale. Our office provides a grant for partial funding of this service.

### ADULT PROTECTIVE SERVICES

Family & Children's Services administers this program for Monmouth County to prevent and intervene in cases of neglect, abuse or exploitation of persons 65 and older or disabled individuals ages 18-64.

## IMPORTANT PHONE NUMBERS

### Monmouth County Office on Aging

732-431-7450

### Adult Protective Services

732-531-9191

### JACC and Statewide Respite Programs

732-222-9111

### Medicaid Office – Social Services

732-431-6000

### Project Lifesaver

732-431-7450

### Senior Citizen Accessible Transportation (SCAT)

732-431-6480

### South Jersey Legal Services

732-414-6750 X6513

### TRIAD Hotline (for Fraud, Scams OR Crime)

1-877-222-3737

Established by the Board of Chosen Freeholders in 1975, the Office on Aging is responsible for planning and coordinating the delivery of services to county residents age 60 and over.